

Fellowship in Integrative Medicine Overview

2024 Fall

unit 1	August 1 - September 4, 2022 Introduction to IM • Clinician Wellbeing • Motivational Interviewing • Medical Informatics • Case Study Pat
unit 2	September 5 - October 16, 2022 Introduction to Nutrition • Phytonutrients • Anti-Inflammatory Diet* • Microbiome
unit 3	October 17 - December 4, 2022 Mind-Body: Foundations • Mind-Body: Modalities • Mind-Body: Clinical Applications • Spirituality & Health Care • Integrative *RESIDENTIAL WEEK - October 23 - 27, 2022
unit 4	December 5, 2022 - February 13, 2023 Botanical Medicine Foundations • Micronutrients & Supplements: An Intro • Vitamins • Minerals • Common Dietary Supplements • Micronutrients Review: Putting it All Together • NMBD Assignment • MBSR
unit 5	February 14 - April 16, 2023 Whole Systems Intro • Homeopathy • Traditional Chinese Medicine or Ayurveda • ICS: Whole Systems • Energy Medicine (Intro & Deeper Studies) • MBSR
unit 6	April 17 - June 11, 2023 Environmental Medicine* • Intro to Integrative Mental Health* • ICS: Mental Health • Physical Activity • Topics in Obesity* Mentorship Program Begins
unit 7	June 12 - August 6, 2023 Integrative Rheumatology • Integrative Pain Management Series* • Manual Medicine
unit 8	August 7 - October 8, 2023 Integrative Medicine Business • Legal Issues • Functional Medicine • Perioperative Care • Life-Enhancing Environments
unit 9	October 9 - December 10, 2023 Integrative Endocrinology • Integrative Cardiology* • Integrative Diabetes • Immunizations RESIDENTIAL WEEK - November 12 - 16, 2023
unit 10	December 11, 2023 - March 10, 2024 Integrative Gastroenterology • Integrative Respiratory Health • Integrative Dermatology • Women's Health IM Consultation DUE - January 15 - March 24, 2024
unit 11	March 11 - April 21, 2024 Introduction to Integrative Oncology* • Nutrition & Cancer* • Smoking Cessation IM Consultation DUE
unit 12	April 22 - May 26, 2024 Breast Cancer* • Prostate Cancer • Aromatherapy I • Aromatherapy II • Men's Health Mentorship Program Ends
unit 13	May 27 - June 30, 2024 Neurology: Health Brain Aging • Integrative Neurology: Adult Focus • Integrative Neurology: Pediatric Focus • Contemplative Care
FINAL EXAM	July 1 - 21, 2024 Final Exam Study Guide GRADUATION ~ *RESIDENTIAL WEEK - TBD September 2024
	July 22 - August 11, 2024 Final Exam

year one

year two

To receive graduation certificate, all requirements must be met by August 11.

90-day post-Fellowship access begins on August 12, 2024

* CME Credit Available

Schedule subject to change.



THE UNIVERSITY OF ARIZONA

Andrew Weil Center
for Integrative Medicine