



Integrative Medicine in Residency – Internal Medicine

The Andrew Weil Center for Integrative Medicine at the University of Arizona, in collaboration with leading experts in integrative medicine, has developed an online integrative medicine curriculum designed specifically for the education of internal medicine residents in training. This curriculum offers topics not typically included in conventional medical education such as nutrition, dietary supplements, mind-body medicine, environmental medicine, non-pharmelological approaches to pain and more. First introduced in 2013, this program has been adopted nationally by internal medicine residency programs such as Hennepin Healthcare, University of Arizona, and University of New Mexico, to name a few. The curriculum and resources are updated on a regular basis to reflect the ever-growing evidence that supports this field.

Why now?

The landscape of medicine is changing, and physicians are dealing with more chronic illnesses and stress-related disorders that often are not fully addressed with conventional medicine treatments. Patient demand is high and new approaches for prevention and expanded treatment options are urgently needed.

Features of the IMR-Internal Medicine

- 140-hours, competency-based curricula following ACGME guidelines
- 24-hour access for residents and faculty
- Blends on-line learning with experiential activities
- Full course on Healthcare Professional Wellbeing which addresses ACGME Section VI common program requirement for physician wellbeing
- Modular format allows maximum flexibility
- Evaluation tools and exams built in to monitor progress and assess acquisition of knowledge
- For faculty:
 - Monthly joint site leadership calls
 - Annual Faculty Development Meetings in Tucson, AZ
 - On-line resource library with teaching materials, presentations, handouts

Is your program ready to take the next step?

Please contact our business development office at azcim-bizdev@list.arizona.edu



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THE UNIVERSITY OF ARIZONA
**Andrew Weil Center
for Integrative Medicine**

For more information, visit: awcim.arizona.edu/imr