



THE UNIVERSITY OF ARIZONA

Andrew Weil Center for Integrative Medicine

Innovation Awards Presented to Medical Residency Leaders

The Andrew Weil Center for Integrative Medicine at the University of Arizona announced this year's annual awards at an online conference

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TUCSON, Ariz. – The University of Arizona Andrew Weil Center for Integrative Medicine (AWCIM) presented the **2020 Integrative Medicine in Residency (IMR) Innovation Award** to **Andrea Gordon, MD, Department of Family Medicine, Tufts University School of Medicine**, and **Noshene Ranjbar, MD, Department of Psychiatry, University of Arizona**. Awardees were selected by AWCIM Advisory Board members. The awards were bestowed during the **2020 IMR Faculty Development Meeting**, April 1-3, convened from Tucson, AZ via Zoom due to the COVID-19 pandemic.

Dr. Gordon was recognized for her efforts that grew what began as a two-week IM residency rotation into a curriculum woven throughout a three year residency. "After years of innovation and multiple iterations," Gordon said, "Tufts has an integrative medicine (IM) curriculum that is remarkable in how unremarkable it is to our residents; IM is just another part of core family medicine education—part of the water in which our learners swim."

In 2015 Dr. Ranjbar led development of the IMR-Psychiatry Elective at the University of Arizona. It has grown steadily in each consecutive year. She says, "It is so refreshing to see psychiatry evolve to a holistic, person-centered field." Ranjbar notes that, "to play a small part in bringing this holistic view and practice of mental health to psychiatry residency training is a gift not only to me but, much more importantly, to the patients these residents serve now and those they will continue to care for in the decades to come."

All residents now have exposure to integrative psychiatry and a mind-body skills group, as well as 10 hours of lectures on integrative psychiatry topics. She also directed efforts to create the University of Arizona Integrative Psychiatry Fellowship, a 1-year in-person program.

Awardees were nominated faculty leaders from more than 80 residencies that incorporate AWCIM IMR curriculum. Each has shown innovation in one or more of the following: IM curriculum creation, development, expansion, or sustainability. The AWCIM Integrative Medicine in Residency program began in 2008 and is made possible in part with funding from the Weil Foundation.

About the Andrew Weil Center for Integrative Medicine

The Andrew Weil Center for Integrative Medicine (AWCIM) at the University of Arizona is leading the transformation of health care by creating, educating and actively supporting a community that embodies the philosophy and practice of healing-oriented medicine. AWCIM is internationally recognized for its evidence-based clinical practice, innovative educational programs and research that substantiates the field of integrative medicine and influences public policy. Since its creation in 1994, AWCIM's vision of making integrative care available to all is being realized worldwide: AWCIM graduates are now guiding more than 1 million patients to take a greater role in their health and healing. To learn more about AWCIM, please visit awcim.arizona.edu or connect with us on [Facebook](#) or [Twitter](#).

About the University of Arizona Health Sciences

The University of Arizona Health Sciences is the statewide leader in biomedical research and health professions training. The UA Health Sciences includes the UA Colleges of Medicine (Tucson and Phoenix), Nursing, Pharmacy, and the Mel and Enid Zuckerman College of Public Health, with main campus locations in Tucson and the growing Phoenix Biomedical Campus in downtown Phoenix. From these vantage points, the UA Health Sciences reaches across the state of Arizona and the greater Southwest to provide cutting-edge health education, research, patient care and community outreach services. A major economic engine, the UA Health Sciences employs nearly 5,000 people, has approximately 900 faculty members and garners \$200 million in research grants and contracts annually. For more information: uahs.arizona.edu (Follow us: [Facebook](#) | [Twitter](#) | [YouTube](#) | [LinkedIn](#) | [Instagram](#))

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