The Andrew Weil Center for Integrative Medicine at the University of Arizona is leading the transformation of healthcare by creating, educating and actively supporting a community that embodies the philosophy and practice of healing-oriented medicine. Internationally recognized for its innovative educational programs, the Center’s vision of making integrative care simply good healthcare is being realized.

Our programs offer integrative medicine curricula that span the continuum of professional medical educations. Center-trained practitioners are serving in hospitals and clinics nationwide and internationally, and are often healthcare leaders in their communities.

The Fellowship in Integrative Medicine

The Center’s flagship program, the Fellowship in Integrative Medicine, is a two-year 1000-hour fellowship that teaches physicians, nurse practitioners, and physician assistants a new method of caring for patients. It emphasizes the individual, focusing on wellness and prevention as much as response to disease and illness. With faculty made up of nationally recognized experts from a variety of disciplines, modalities, and philosophies, the program had been the standard in integrative medical education for more than 20 years.

With nearly 1500 graduates from all over the world, the Center’s alumni are now caring for millions of people, working to create the kind of healthcare that we all want to see. Learn more at www.azcim.org/fellowship.

Integrative Medicine in Residency

Integrative Medicine in Residency (IMR) is a 200-hour competency-based, online curriculum in integrative medicine, designed for incorporation into primary care residency education, and now featured in more than 70 residencies nationwide. Developed by leaders in integrative medicine (IM), the program addresses a demand for residency training in IM, for both faculty and residents. IMR serves as the national model for addressing topics currently not included in conventional medical education. Find out about IMR at www.azcim.org/IMR.

Pediatric Integrative Medicine Elective

This 4-week facilitated, online elective is the first of its kind to provide curriculum to residents from a range of specialties who are interested in exploring Pediatric Integrative Medicine. With content based on the Center’s Fellowship program, this 40-70-hour rotation offers the online curriculum, online dialogue sessions with faculty and other rotation participants, site-specific experientials, and case-based webinars led by experts in the field of Integrative Medicine. Learn more at www.azcim.org/peds.
Integrative Health & Lifestyle program
The Integrative Health & Lifestyle program (IHeLp) is an innovative interprofessional certificate program. The mostly-online 6-month curriculum is open to a wide variety of allied health professionals and builds a strong foundation in integrative health, emphasizing lifestyle changes. Knowledge-based exams confirm students’ understanding and peer and faculty feedback improve students’ personal and professional lives. Join the movement at www.azcim.org/IHeLp.

Integrative Health Coaching
Approved by the International Consortium for Health & Wellness Coaching, the 6-month mostly-online Integrative Health Coaching certification program complements the Integrative Health education completed by Integrative Health & Lifestyle program graduates, Fellowship graduates, and other integratively trained healthcare providers. UACIM-trained Integrative Health Coaches support their patients and clients in making healthy lifestyle and behavior changes for sustainable wellbeing. Explore the program at www.azcim.org/coaching.

Wellness & Lifestyle Series
The Wellness & Lifestyle Series is a self-paced online option that provides healthcare professionals and others with a flexible, affordable way to gain integrative knowledge for supporting health and wellbeing. The series offers 5 standalone units. Learners can jump into topics that interest them or complete the whole series for a certificate of completion. Details can be found at www.azcim.org/WLS.

Integrative Medicine Elective Rotation
The dynamic and exciting month-long Integrative Medicine Elective Rotation (IMER) provides fourth-year medical students and residents an in-depth exposure to integrative medicine. As patients increasingly utilize complementary and alternative approaches to conventional medicine, it is more essential than ever that physicians understand the strengths and weaknesses of all forms of medicine with the goal of providing the best healthcare possible. Students who go through the IMER often go on to pursue additional education in integrative medicine. Explore the program at www.azcim.org/IMER.

And Still More . . .
The Center offers standalone continuing education online courses in topics including Nutrition & Cancer, Integrative Mental Health, and Integrative Pain Management. The Integrative Medicine Distinction Track gets medical students started early, and a variety of live conference events offer healthcare professionals great CME/CE options exploring cutting-edge research. See all of this and more at www.azcim.org.