The Integrative Approach to Prostate Cancer

Prostate cancer is one of the leading causes of cancer mortality in the United States, second only to lung cancer, and is the most frequently diagnosed cancer in men. In 2008, it accounted for more than 28,000 deaths.

Recent studies have shown that between 27 and 43 percent of American men with prostate cancer have used at least one form of complementary or integrative therapy. The problem is that patients don’t often mention their use of complementary and alternative medicine (CAM) to their physicians, which is compounded by reluctance of clinicians to speak to their patients about CAM therapies. This course is designed to bridge that gap.

The Integrative Approach to Prostate Cancer advances the most effective integrative strategies for the prevention and treatment of prostate cancer, as well as for reducing the risk of recurrence. In addition to the best of conventional care, integrative medicine considers the ‘whole person’ when crafting an optimal treatment regimen that includes a focus on nutrition, lifestyle, physical fitness, stress management and dietary supplements.

As a companion module, a one-hour course has been created for the general public. It is an excellent education tool to which physicians can refer patients. For more details on this new offering, please visit www.azcim.org/courses.

Distinguished Faculty
- Donald I. Abrams, MD
- Jeffrey B. Blumberg, PhD, FACN, CNS
- Aaron E. Katz, MD
- Tieraona Low Dog, MD
- David S. Rosenthal, MD
- Andrew Weil, MD
And many more......

Cost
Physicians - $95; students - $30; other healthcare providers/public - $80

When can I start?
You can register to start immediately, or on the 15th of the upcoming month. If you chose to start immediately, you pay by credit card and will receive your login information via email. You will get 90 days access to the material for any single course.

Can I get continuing education credits?
CME – 7 AMA PRA Category 1 Credits

Curriculum
Section I: Introduction
Section II: Prevention and Screening
Risk Factors and Screening - risk factors for the development of prostate cancer and relative merits of current prostate cancer screening techniques.
Prevention - specific, modifiable lifestyle choices that can impact a man’s risk of developing prostate cancer.

Section III: Treatment
Treatment - integrative approaches during treatment.

Section IV: Survivorship
Survivorship - integrative approaches for post-treatment living.
End-of-Life Care - particular needs for end-of-life care.

For more information or to register visit: www.azcim.org/courses

The University of Arizona College of Medicine at the Arizona Health Sciences Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
The University of Arizona College of Medicine at the Arizona Health Sciences Center designates this educational activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
Release date: September 2009; For a period of 2 years; Expiration date: September 2011
Application for approval of continuing nursing education contact hours has been submitted to the American Holistic Nurses Association’s Education Approver Committee, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.