



THE UNIVERSITY OF ARIZONA  
**Center for  
Integrative Medicine**

# The Future of Healthcare Education



The University of Arizona Center for Integrative Medicine is leading the transformation of healthcare by creating, educating and actively supporting a community that embodies the philosophy and practice of healing-oriented medicine. Internationally recognized for its innovative educational programs, the Center's vision of making integrative care simply good healthcare is being realized.

Our programs offer integrative medicine curricula that span the continuum of professional medical education. Center-trained practitioners are serving in hospitals and clinics nationwide and internationally, and are often healthcare leaders in their communities.

## Integrative Medicine in Residency

Integrative Medicine in Residency is a 200-hour competency-based, online curriculum in integrative medicine, designed for incorporation into primary care residency education, and now featured in more than 65 residencies nationwide. Developed by leaders in integrative medicine (IM), the Integrative Medicine in Residency (IMR) program addresses a demand for residency training in IM, for both faculty and residents. IMR serves as the national model for addressing topics currently not included in conventional medical education.

With new physician wellbeing requirements coming from the Accreditation Council for Graduate Medical Education, IMR can help your institution with these and other competency-based education goals, delivering them in a seamless online curriculum. Find out more at [www.azcim.org/IMR](http://www.azcim.org/IMR).

## Integrative Medicine in Residency – Pediatrics

Integrative Medicine in Residency–Pediatrics is the first online pediatric integrative curriculum, designed to embed integrative medicine into pediatric residency training. Using the successful Integrative Medicine in Residency (IMR) as a template, the 100-hour curriculum delivers online, interactive, integrative medicine modules into pediatric resident education. Details at [www.azcim.org/peds](http://www.azcim.org/peds).



## The Fellowship in Integrative Medicine

The Center's flagship program, the Fellowship in Integrative Medicine, is a two-year 1000-hour fellowship that teaches physicians, nurse practitioners, and physician assistants a new method of caring for patients. It emphasizes the individual, focusing on wellness and prevention as much as response to disease and illness. With faculty made up of nationally recognized experts from a variety of disciplines, modalities, and philosophies, the program had been the standard in integrative medical education for more than 20 years.

With nearly 1200 graduates from all over the world, the Center's alumni are now caring for millions of people, working to create the kind of healthcare that we all want to see. Learn more at [www.azcim.org/fellowship](http://www.azcim.org/fellowship).

## Integrative Health & Lifestyle program

The Integrative Health & Lifestyle program (IHLP) is an innovative interprofessional certificate program. The mostly-online 6-month curriculum is open to a wide variety of allied health professionals and builds a strong foundation in integrative health, emphasizing lifestyle changes. Knowledge-based exams confirm students' understanding and peer and faculty feedback improve students' personal and professional lives. Join the movement at [www.azcim.org/IHLP](http://www.azcim.org/IHLP).

## Integrative Medicine Elective Rotation

The dynamic and exciting month-long Integrative Medicine Elective Rotation (IMER) provides fourth-year medical students and residents an in-depth exposure to integrative medicine. As patients increasingly utilize complementary and alternative approaches to conventional medicine, it is more essential than ever that physicians understand the strengths and weaknesses of all forms of medicine with the goal of providing the best health care possible. Students who go through the IMER often go on to pursue additional education in integrative medicine. Explore the program at [www.azcim.org/IMER](http://www.azcim.org/IMER).

## And Still More. . .

The Center offers standalone continuing education online courses in topics including Nutrition & Cancer, Integrative Mental Health, and Aromatherapy. The Integrative Medicine Distinction Track gets medical students started early, and the annual Nutrition & Health Conference invites healthcare professionals from all over the world to join us



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