The Arizona Center for Integrative Medicine (AzCIM) and the Academic Consortium for Integrative Medicine and Health (The Consortium) in cooperation with the Health Resources and Services Administering (HRSA) create the National Center for Integrative Primary Healthcare (NCIPH). The NCIPH is charged with advancing the incorporation of competency and evidence based integrative health (IH) curricula and best practices into primary care education and practice. The most important gap filled by this 3-year project will be the development of a set of competencies and educational materials relevant to and appropriate for use across the entire interprofessional spectrum of primary care practitioners.

**GOALS**
- Develop core IH competencies for interprofessional primary care teams.
- Develop a 45 hour interprofessional IH online curriculum for primary care educational programs – **Foundations in Integrative Health**.
- Create an accessible and interactive online infrastructure that will house:
  - IH curricula
  - Best IH practices for primary healthcare professions
  - Links to partner organizations and IH resources for healthcare professionals
  - Patient portal
- Develop patient education IH material and facilitate access to IH practitioners.

**INTERPROFESSIONAL LEADERSHIP TEAM**
The interprofessional leadership team (InPLT) is a national committee comprised of representatives from primary care and other health professions. The role of the InPLT is to develop interprofessional competencies and curricula for primary care, provide technical assistance and serve as the linkages to national and regional partner organizations.

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To learn more about NCIPH visit:
http://nciph.org

**Are you interested in becoming a pilot site to test and evaluate the curriculum?**

**Want to review profession specific competencies?**

**Want to become a NCIPH resource or dissemination partner?**

**Want to get involved?**
For more information about the NCIPH email:
info@nciph.org

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Meet the InPLT
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Integrative Health Competencies for Primary Care Professionals

1. Practice patient-centered and relationship-based care.
2. Obtain an integrative health history which includes mind-body-spirit, nutrition, and the use of both conventional and integrative therapies.
3. Collaborate with individuals and families to develop a personalized plan of care to promote health and well-being which incorporates integrative approaches including lifestyle counseling and the use of mind-body strategies.
4. Demonstrate skills in understanding and utilizing the evidence as it pertains specifically to integrative healthcare.
5. Demonstrate basic knowledge on the major health professions both integrative and conventional.
6. Facilitate behavior change in individuals, families and communities.
7. Work effectively as a member of an interprofessional team.
9. Demonstrate skills to incorporate integrative healthcare into community settings and into the healthcare system at large.
10. Incorporate ethical standards of practice into all interactions with individuals, organizations and communities.