Mission: The University of Arizona Institute on Place and Wellbeing (IPW) leverages knowledge and evidence through research and design of environments and spaces to achieve tangible results optimizing and maximizing people’s productivity, creativity, and wellbeing from employer and consumer perspectives.

The IPW is a unique partnership at the University of Arizona between the Arizona Center for Integrative Medicine (AzCIM), the College of Medicine – Tucson, and the College of Architecture, Planning and Landscape Architecture, actualizing the university’s commitment to a vision of human health that fully encompasses the role of the built and natural environment in health, wellbeing and healing. We focus, to this end, on research, education, practice, and policy change.

The IPW’s multi-disciplinary team carries out research to quantify stress, health, and wellbeing outcomes in real-time and real place, in built environments including office spaces and healthcare facilities. State-of-the-art technologies such as non-invasive micro-devices and analytic algorithms developed at UA collect data used to help occupants and employers maximize health and wellbeing, creativity, and productivity in optimized work environments.

Supporting improvement through economic analyses, we then help organizations calculate return on investment of interventions that support sustainable human health and wellbeing.

For more information:
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Executive Leadership Committee

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Victoria Maizes, MD: Executive Director, Arizona Center for Integrative Medicine; Professor, Medicine (Clinical Scholar Track); Professor, Public Health; Clinical Associate Professor, Family and Community Medicine

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