

## IMR 2017 Curriculum Content

Core Content	No. Hours
<b>Prevention &amp; Wellness</b>	<b>43</b>
Introduction to Integrative Medicine	1
US Preventive Services Guidelines	2
Nutrition Fundamentals	6.5
Micronutrients & Supplements	1
Vitamins & Minerals	6
Common Dietary Supplements	2
Physical Activity in Health	1
Stress and Mind-Body	3.5
Environmental Health: An Integrative Approach	6
Sleep and Health	1
Spirituality & Health Care	9
Clinical Integration	4
<b>4Tools in Integrative Medicine</b>	<b>35.5</b>
Integrative Medicine Intake	1
Integrative Medicine Treatment Plan	2
Mind-Body Medicine in Practice	4
Motivational Interviewing: An Introduction	4.5
Botanicals Foundations	7
Manual Medicine	8
Whole Systems Introduction	8
Energy Medicine: Foundations	1
<b>Pediatrics</b>	<b>12</b>
Pediatrics and Integrative Medicine	1
Integrative Respiratory Health	5
Pediatric Mind-Body Medicine	1
Integrative Pediatric Neurology	5
<b>Acute Care</b>	<b>4</b>
IM in Acute Care	4

Core Content	No. Hours
<b>Women's Health</b>	<b>12.5</b>
Integrative Women's Health	6
Eating Disorders	1.5
Fibromyalgia	2
Depression in Women	2
Women's Health Case Study	1
<b>Chronic Illness</b>	<b>69</b>
Topics in Obesity	6
Integrative Cardiology	16
Integrative Gastroenterology	6
Integrative Diabetes Care	6
Cancer Survivorship	1
Nutrition & Cancer	10
Introduction to Integrative Oncology	1
Integrative Rheumatology	6
Integrative Pain Management	5
Sleep & Dream Health: Insomnia	3
Intro to Integrative Mental Health	6
Integrative Endocrinology: Thyroid	3

Additional Content	No. Hours
<b>Special Topics</b>	<b>11</b>
Practice Management	8
Medical Informatics	2
Trivia Game	1
<b>TOTAL HOURS</b> (Excludes Special Topics)	
<b>ONLINE:</b>	<b>176</b>
<b>ON-SITE:</b>	<b>24</b>