

# Pediatric Integrative Medicine in Residency (PIMR)

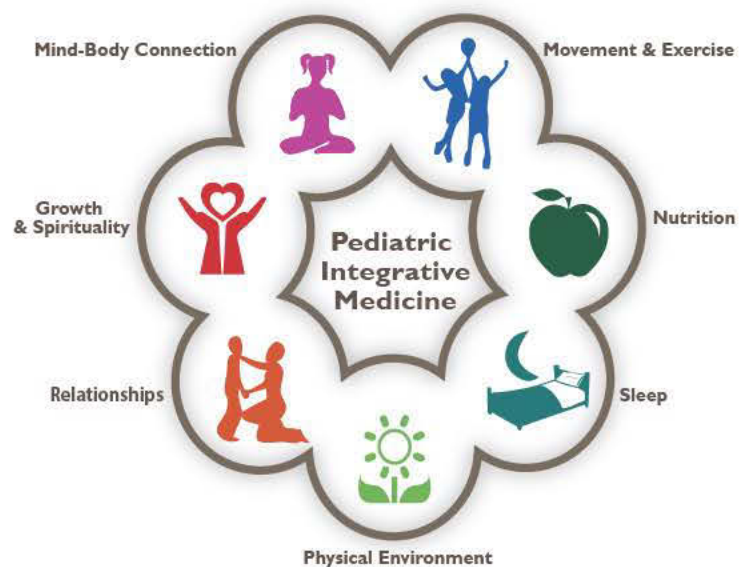
The **University of Arizona Center for Integrative Medicine** has developed the first online pediatric integrative medicine curriculum, designed to embed IM education into pediatric residency training. The curriculum is currently in use by more than 300 pediatric residents at Stanford, University of Chicago, University of Kansas, Children's Hospital of the King's Daughters, and the University of Arizona.

## Unique Features of the PIMR

- Competency based following ACGME guidelines.
- Needs assessment driven, 100-hour curriculum.
- Interactive format, designed to be used by multiple residency programs simultaneously.
- Includes nutrition, mind-body medicine, dietary supplements, environmental medicine, and more.
- Full course on Resident Self Care.
- Blends online learning and group activities.
- Modular format allows maximum flexibility.
- Develops a community of students across programs.
- Built with an integrated evaluation tool.

## Why now?

The landscape of pediatrics is changing due to a sharp increase in chronic illnesses and stress-related disorders in children. Parental demand is high, and new approaches for prevention and expanded treatment options are urgently needed.



## Is your program ready to take the next step?

Please contact us about adding PIMR to your residency program.  
[www.azcim.org/peds](http://www.azcim.org/peds) • [uaimres@email.arizona.edu](mailto:uaimres@email.arizona.edu) • Tel: 520.626.1539

## Pediatric integrative medicine (PIM)

is endorsed by the American Academy of Pediatrics, and defined as healing oriented medicine that takes account of the whole infant, child or adolescent, including all elements of lifestyle and family health. It emphasizes the powerful triad of child-family practitioner, is informed by evidence, and makes use of all appropriate therapies.

