

Integrative Medicine in Residency

Learn more

Our website is an excellent resource for exploring the IMR Program:
www.azcim.org/imr

To find out more about Integrative Medicine in Residency please contact:
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ARIZONA CENTER FOR
Integrative Medicine

Integrative Medicine in Residency is...

A 200-hour competency-based, online curriculum in integrative medicine, designed for incorporation into primary care residency education.

The Arizona Center for Integrative Medicine at the University of Arizona College of Medicine, in collaboration with other leading experts in integrative medicine (IM), developed the Integrative Medicine in Residency (IMR) program to address a demand for residency training in IM, for both faculty and residents.

IMR was launched in 2008 with eight pilot sites and continues to expand across the United States and into Canada. It serves as the national model for addressing integrative medicine topics currently not included in conventional medical education.

IMR Locations as of January 2013



Features of IMR program

- Online curriculum accessible 24 hours per day.
- Modular format allows flexibility for incorporation longitudinally, or as a rotation, elective, or area of concentration.
- Responds to Accreditation Council for Graduate Medical Education (ACGME) competency-based education.
- Seamless online evaluation of the curriculum and residents.
- Capacity to create a learning community across residencies.
- Curriculum is a resource for faculty development.
- Case-based, interactive learning and streaming video.
- Online access to seminal literature and reference materials.
- Experiential exercises and process-oriented group activities.
- Resources for clinical application.

Award-winning program:

In 2011, the Society of Teachers of Family Medicine presented IMR with the national Innovative Program Award, recognizing its impact on medical education.

"[It is] critical for residents to be able to access curricular content at hours that match their duty schedule needs...with IMR we have a way to provide this material to all residents."

—Roberta Weintraut, MD
Program Director
Family Medicine Residency
Medical Center of Central Georgia

Interactive Curriculum

Features such as a virtual patient clinic allow residents to view patient histories, visit with a patient, and make treatment recommendations.



IMR emphasizes integrative approaches to prevention and chronic illness management, providing **evidence-based content** in:

- Lifestyle medicine and behavioral change
- Nutrition and dietary supplements
- Botanical medicine
- Mind-Body approaches
- Environmental medicine
- Manual medicine

Resident health and well-being

IMR is committed to developing physicians who model healthy lifestyle behaviors, have a positive sense of well-being, and are relationship-centered in their approach to medical care. This philosophy is incorporated into the curriculum, reflective exercises, and collaboration with faculty and peers.

Evaluation

IMR program users evaluate the online curriculum regularly, enabling regular curriculum updates. Residents' fulfillment of ACGME competencies is measured through a variety of assessment tools. Records are stored in individual electronic portfolios for easy access by faculty and program directors.

Incorporating the IMR

The IMR program is available to incorporate into your curriculum. We offer several pricing structures, including a site rate for unlimited users and a per-user rate. Included with purchase are:

- Access to the 200 hours of content
- Online evaluation tools
- Completion reports
- Individual electronic portfolio for IMR evaluation results
- Technical support