

Fellowship in Integrative Medicine Overview

2022 Spring

unit 1	<i>February 3 - March 8, 2020</i> Introduction to IM • Clinician Wellbeing • Motivational Interviewing • Medical Informatics • Research Assignment
unit 2	<i>March 9 - April 19, 2020</i> Introduction to Nutrition • Phytonutrients • Anti-Inflammatory Diet* • Microbiome <i>*RESIDENTIAL WEEK - March 22-26, 2020</i>
unit 3	<i>April 20 - June 14, 2020</i> Mind-Body: Foundations • Mind-Body: Modalities • Mind-Body: Clinical Applications • Spirituality & Health Care • Integrative Sleep Health
unit 4	<i>June 15 - August 16, 2020</i> Botanical Medicine Foundations • Micronutrients & Supplements: An Intro • Vitamins • Minerals • Common Dietary Supplements • MBSR
unit 5	<i>August 17 - October 4, 2020</i> Environmental Medicine* • Intro to Integrative Mental Health* • ICS: Mental Health • Physical Activity • Obesity • MBSR
unit 6	<i>October 5 - November 29, 2020</i> Integrative Rheumatology • Integrative Pain Management* • Manual Medicine • Motivational Interviewing Assignment I
unit 7	<i>November 30, 2020 - January 31, 2021</i> Integrative Medicine Business • Legal Issues • Life-Enhancing Environments • Healing Spaces • Aromatherapy I • Aromatherapy II
unit 8	<i>February 1 - April 4, 2021</i> Whole Systems Intro • Homeopathy • Naturopathy • Traditional Chinese Medicine or Ayurveda • ICS: Whole Systems • Energy Medicine (Intro & Deeper Studies) • Functional Medicine <i>RESIDENTIAL WEEK - February 28 - March 4, 2021</i>
unit 9	<i>April 5 - June 6, 2021</i> Integrative Cardiology • Nutrition & Cardiovascular Health* • ICS: Cardio • Integrative Diabetes
unit 10	<i>June 7 - August 8, 2021</i> Integrative Gastroenterology • Integrative Respiratory Health • Integrative Dermatology • Immunizations IM Consultation DUE - June 27 - September 5, 2021
unit 11	<i>August 9 - September 12, 2021</i> Integrative Women's Health • Integrative Men's Health • Integrative Endocrinology IM Consultation DUE
unit 12	<i>September 13 - October 17, 2021</i> Intro to Integrative Oncology* • Nutrition and Cancer* • Approaches to Breast Cancer* • Approaches to Prostate Cancer • Motivational Interviewing Assignment II
unit 13	<i>October 18 - December 12, 2021</i> Neurology: Health Brain Aging • Integrative Neurology: Adult Focus • Integrative Neurology: Pediatric Focus • Intro to Contemplative Care/Death & Dying • Reflections
FINAL EXAM	<i>December 13, 2021 - January 9, 2022</i> Final Exam Study Guide <i>January 10 - 30, 2022</i> Final Exam <i>GRADUATION ~ *RESIDENTIAL WEEK - January 30 - February 3, 2022</i>

year one

year two

To receive graduation certificate, all requirements must be met by January 31.

90-day post-Fellowship access begins on January 31, 2022

* CME Credit Available

Schedule subject to change.



THE UNIVERSITY OF ARIZONA

Andrew Weil Center
for Integrative Medicine