

Fellowship in Integrative Medicine Overview

2021 Spring

unit 1	February 4 - March 10, 2019 Introduction to IM • Clinician Wellbeing • Motivational Interviewing • Medical Informatics • Research Assignment	year one
unit 2	March 11 - April 21, 2019 Introduction to Nutrition • Phytonutrients • Anti-Inflammatory Diet* • Microbiome • Functional Medicine <i>*RESIDENTIAL WEEK - March 17 - 21, 2019</i>	
unit 3	April 22 - June 16, 2019 Mind-Body: Foundations • Mind-Body: Modalities • Mind-Body: Clinical Applications • Spirituality & Health Care • Integrative Sleep Health	
unit 4	June 17 - August 18, 2019 Botanical Medicine Foundations • Micronutrients & Supplements: An Intro • Vitamins • Minerals • Common Dietary Supplements • MBSR	
unit 5	August 19 - October 6, 2019 Environmental Medicine* • Intro to Integrative Mental Health* • ICS: Mental Health • Physical Activity • Obesity • MBSR	
unit 6	October 7 - December 1, 2019 Integrative Rheumatology • Integrative Pain Management* • Manual Medicine • Motivational Interviewing Assignment I • MBSR	
unit 7	December 2, 2019 - February 2, 2020 Integrative Medicine Business • Legal Issues • Life-Enhancing Environments • Healing Spaces • Aromatherapy I • Aromatherapy II	
unit 8	February 3 - April 5, 2020 Whole Systems Intro • Homeopathy • Naturopathy • Traditional Chinese Medicine or Ayurveda • ICS: Whole Systems • Energy Medicine (Intro & Deeper Studies) • Acupuncture HELMs <i>RESIDENTIAL WEEK - March 8 - 12, 2020</i>	year two
unit 9	April 6 - June 7, 2020 Integrative Cardiology • Nutrition & Cardiovascular Health* • ICS: Cardio • Integrative Diabetes	
unit 10	June 8 - August 9, 2020 Integrative Gastroenterology • Integrative Respiratory Health • Integrative Dermatology • Immunizations IM Consultation DUE - June 14 - September 6, 2020	
unit 11	August 10 - September 13, 2020 Integrative Women's Health • Integrative Men's Health • Integrative Endocrinology IM Consultation DUE	
unit 12	September 14 - October 18, 2020 Intro to Integrative Oncology* • Nutrition and Cancer* • Approaches to Breast Cancer* • Approaches to Prostate Cancer • Motivational Interviewing Assignment II	
unit 13	October 19 - December 13, 2020 Intro to Integrative Neurology • Integrative Pediatric or Adult Neurology • End of Life • Intro to Contemplative Care/ Death & Dying • Reflections	
FINAL EXAM	December 14, 2020 - January 10, 2021 Final Exam Study Guide	January 11 - 31, 2021 Final Exam
GRADUATION ~ *RESIDENTIAL WEEK - TBD 2021		

To receive graduation certificate, all requirements must be met by January 31.

90-day post-Fellowship access begins on February 1.

* CME Credit Available

Schedule subject to change.



THE UNIVERSITY OF ARIZONA
COLLEGE OF MEDICINE TUCSON

Center for
Integrative Medicine