

# Fellowship in Integrative Medicine Overview

2019 FALL

<b>unit 1</b>	August 7 - September 3, 2017 Introduction to IM • Clinician Wellbeing • Motivational Interviewing • Medical Informatics	year one
<b>unit 2</b>	September 4 - October 8, 2017 Introduction to Nutrition • Phytonutrients • Anti-Inflammatory Diet*	
<b>unit 3</b>	October 2 - December 3, 2017 Mind-Body: Foundations • Mind-Body: Modalities • Mind-Body: Clinical Applications • Spirituality & Health Care • Integrative Sleep Health <i>*RESIDENTIAL WEEK - October 15-19, 2017</i> <i>THANKSGIVING BREAK - November 22-26, 2017</i>	
<b>unit 4</b>	December 4, 2017 - January 28, 2018 Botanical Medicine Foundations • Micronutrients & Supplements: An Intro • Vitamins • Minerals • Common Dietary Supplements • Case Study Pat <i>WINTER BREAK - December 23, 2017 - January 7, 2018</i>	
<b>unit 5</b>	January 29 - March 11, 2018 Environmental Medicine* • Introduction to Integrative Mental Health* • ICS: Mental Health • Physical Activity	
<b>unit 6</b>	March 12 - April 29, 2018 Integrative Rheumatology • Integrative Pain Management • Manual Medicine	
<b>unit 7</b>	April 30 - June 17, 2018 Integrative Medicine Business • Legal Issues • Life-Enhancing Environments • Healing Spaces • Aromatherapy I* & II	
<b>unit 8</b>	June 18 - September 9, 2018 Whole Systems Intro • Homeopathy • Naturopathy • Traditional Chinese Medicine or Ayurveda • ICS: Whole Systems <i>SUMMER BREAK - June 24 - July 9, 2018</i>	year two
<b>unit 9</b>	September 10 - November 18, 2018 Integrative Cardiology • Nutrition & Cardiovascular Health* • ICS: Cardio • Integrative Diabetes <i>RESIDENTIAL WEEK - November 4-8, 2018</i>	
<b>unit 10</b>	November 19, 2018 - February 10, 2019 Integrative Gastroenterology • Integrative Respiratory Health • Integrative Dermatology • Immunizations <i>THANKSGIVING BREAK - November 27-29, 2018</i> <i>WINTER BREAK - December 22, 2018 - January 6, 2019</i> <i>H&amp;P/TX PLANS DUE - January 7 - April 7, 2019</i>	
<b>unit 11</b>	February 11 - March 24, 2019 Integrative Women's Health • Integrative Men's Health • Integrative Endocrinology	
<b>unit 12</b>	March 25 - May 5, 2019 Intro to Integrative Oncology* • Nutrition & Cancer* • Approaches to Breast Cancer* • Approaches to Prostate Cancer* <i>HP/TX DUE</i>	
<b>unit 13</b>	May 6 - July 14, 2019 Intro to Integrative Neurology • Integrative Pediatric or Adult Neurology • Intro to Contemplative Care/Death & Dying • Reflections <i>SUMMER BREAK - June 22 - July 7, 2019</i>	
<b>FINAL EXAM</b>	July 15 - 28, 2019      July 29 - August 18, 2019 Final Exam Study Guide      Final Exam <i>GRADUATION ~ *RESIDENTIAL WEEK - September 22-26, 2019</i>	

To receive graduation certificate, all requirements must be met by August 18.

90-day post-Fellowship access begins on August 19.

\* CME Credit Available

Schedule subject to change.



THE UNIVERSITY OF ARIZONA  
COLLEGE OF MEDICINE TUCSON

Center for  
Integrative Medicine