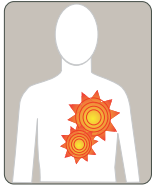


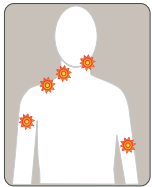
What Are the Warning Signs of a Heart Attack?

Call 911 if you have **ANY** of these warning signs of a heart attack.



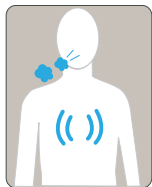
Chest discomfort, especially if it occurs:

- In the center or left side of the chest
- Stays more than a couple minutes
- Discomfort may be an intense pain
- Mild discomfort plus feels like a pressure, burning or fullness



Discomfort in other parts of the upper body such as:

- Jaw
- Arms
- Shoulders
- Neck

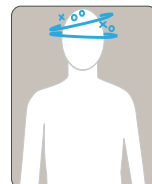


Shortness of breath:

- That may occur with or without chest discomfort
- Occurs at rest



Sweating, or feeling cold and clammy



Dizziness



Sudden nausea and vomiting

Remember that although some heart attacks present with sudden excruciating chest discomfort where there is little doubt about the heart attack, some start slowly, have no or little chest pain, or are preceded by days or weeks of symptoms such as shortness of breath, chest fullness or discomfort, or simply fatigue. If you feel that there is something wrong, trust your intuition and seek help.